

# High Phosphorus Foods

## DAIRY PRODUCTS



Milk



Cheese



Ice Cream



Pudding



Cream Soup



Yogurt



Milkshake

## FRUITS & VEGETABLES



Asparagus



Peas



Mushrooms



Corn



Dried Beans & Peas



Dates, Prunes & Dried Fruit

## BREADS & CEREALS



Bran Muffins



Bran Cereals



Pancakes (mix) & Waffles (mix)

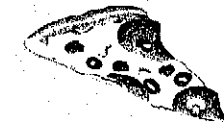


Whole Wheat Bread, Corn Bread (mix) & Biscuits (mix)

## OTHER



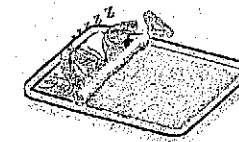
Chocolate & Caramel



Pizza



Nuts (Peanuts, Almonds, Pecans), Peanut Butter & Seeds



Sardines



Cocoa



Carbonated Beverages: Colas, Pepper-type, Rootbeer & Fruit Flavors



Beer